

Prayer for a New Beginning

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THIS IS A NEW DAY. The bad, ugly, dark, and negative thoughts of the past are completely gone, and I am reborn. God gives me everything good and desirable, as well as beautiful and positive thoughts. Implanted in my subconscious, all these positive thoughts grow to bear fruit in the physical world at the appropriate time. As there is not a single thing that is not good, unless our delusions and negative thinking make it so, the good in this God-created world—in fact, only the good—is sure to take form in the material world.

I am reborn now. I have discarded from my mind all dark and negative thoughts which might hinder the good of the perfect world from manifesting. I have completely cut the enslaving chain that restricts me, so there is no longer anything in my mind that prevents the good seeds that God planted from growing.

I am reborn now. I am God's child. God has bestowed in me infinite possibilities, and more and more of these possibilities are manifesting day by day. When a difficulty arises, I meet it without fear. My inner abilities, of greater magnitude than before, are

brought forth, resolving the difficulty and propelling me to progress.

I am reborn now. My realization that I am God's child is deepened. Liberated from all self-limiting restrictions, I am now completely free. As I recognize that I am completely free and that God has given me the ability to overcome any difficulty, no matter how great it may be, I no longer worry. Given infinite wisdom by God, I, as God's child, know what action to take at the most appropriate time. Thus, whatever I do, my strong determination is bound to bring good results and success.

I am reborn now. As I am God's child, He is always with me and protects me. I now feel new life flowing endlessly within me, and I am filled with enthusiasm and courage. This is the year everything takes a turn for the better and all my wishes are fulfilled. Oh, how fortunate I am! I offer my deep gratitude to God for this awareness.

—From *Shinri No Gisho*, "Recitations of the Truth," pp. 72-75